



MOOGAMBIGAI CHARITABLE AND EDUCATIONAL TRUST Rajarajeswari College of Engineering

(An Autonomous Institution under Visvesvaraya Technological University, Belagavi)



Rajarajeswari College of Engineering

(An Autonomous Institute, Affiliated Visvesvaraya Technological University, Belagavi,
Approved by AICTE, UGC & Gok, Accredited by ISO 9001-2015 Certified Institution)
Sponsored by: MOOGAMBIGAI CHARITABLE AND EDUCATIONAL TRUST



Ref: RRCE/Blr/YOGA Club /2025-26/Even Sem

Date: 24-06-2026

CIRCULAR

On account of the court **International YOGA Day** a **YOGA session** has been organized on **25-6-2026 at 9:00 A.M. in the Basketball court, RRCE ground**. All faculty members, NTS and students are informed to join the program. Please bring your YOGA mats for the session.

Sd/-
NSS/YOGA club coordinator

[Signature]
Principal

R. J. RAJAJESWARAN
COLLEGE OF ENGINEERING
Ramohalli Cross, Bengaluru-7

Copy to the Dept. for information:

AIML	CSE	CSE(IC)	CSD	ISE	ECE	EEE
RA	Physics	Chemistry	Maths	CVE	MBA	MCA
Admin office						



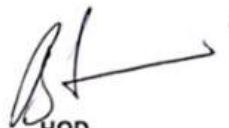
Program Schedule

Date: 25-06-2026

- 1 **Type of Event :** “International Yoga Day”

- 2 **Chief Guest :** **Ms. Swapna P**
 Professional Yoga Trainer

Program Schedule - 25-06-2026		
Time	Agenda	Role
10.00 am-10.10am	Welcome address	Ms. Sushma S Rawath, Asst.Prof ,Department of Management Studies
10.10 am-10.15am	Presidential Address	By Principal
10.15 am- 10.20am	Vote of Thanks	Ms. Sushma S Rawath, Asst.Prof ,Department of Management Studies


 HOD
 HOD
 Department of Management Studies
 RajaRajeswari College of Engineering
 Bangalore - 560 074.


 Principal
 Principal
 RAJARAJESWARI
 COLLEGE OF ENGINEERING
 Ramohalli Cross, Bengaluru-74



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INVITATION



**RAJARAJESWARI
COLLEGE OF ENGINEERING**
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NBA
CSE-ECE-ISE

All Are Cordially Invited For



INTERNATIONAL YOGA DAY



Organized by:
YOGA CLUB & NSS, RRCE

Chief Patron
Dr. A.C. Shanmugam
B.A., LL.B, Hon; FIMSA, FRCPs (Glasgow, UK)
Founder Chairman
Rajarajeswari Group of Institutions
Bengaluru

Chief Patron
Sri. A.C.S Arun Kumar
B.Tech (Hons), LMISTE., MIET.,(UK), LMCSI.,
MIEEE, MCSI, MISTE, CEng (India)
President
Rajarajeswari Group of Institutions
Bengaluru



Chief Guest
Ms. Swapna P
Gold Medalist in Yoga Vasya
Yoga Educator and Community leader

Date: 25th June, 2026 Time: 9:00am onwards Venue: RRCE Ground

Dr.S.Vijayanand, M.Tech. Ph.D. Executive Director, RRGi	Sri.C.N.Seetharaman, IAS(Retd.) Chief Executive Officer, RRGi	Dr.S.Jeyabalan, Ph.D. Special Officer, RRGi
Dr.A.K.Mariappan Rector, RRGi	Dr.S.Meenakshi Sundaram Registrar, RRGi	Dr.R.Balakrishna Principal
Dr.Sowmya G Yoga Club Head	Mr.Chandru B V NSS Program Officer	

Campus: #14, Ramohalli Cross, Kumbalgodu, Mysore Road, Bengaluru – 560074

Phone: +91-80-28437124 / 28437375

Email Id: hodra@rrce.org

Website: <https://www.rrce.org>



Report on “International Yoga Day” held on 25/06/2026

SL. NO	PARTICULARS	DETAILS
1.	Type Event	“International Yoga Day”
2.	Venue	Basket Ball Court, RRCE - Ground
3.	Date of the programme	25 th June 2026
4.	Time	10.00 AM to 11.30 AM
5.	Chief Guest	Ms. Swapna P
6.	Staff Co Coordinator	Dr. Sowmya G, Yoga Club Coordinator Mr. Chandru B V, NSS Coordinator
7.	Staff Attended	All department Staff
8.	Outcome of the Programme	Boosted Students Health and Fitness

Educational and Professional Integration

Yoga for Healthy Ageing”, reflects the growing global recognition of yoga as a holistic approach to promoting physical, mental and emotional well-being. Rooted in India’s ancient wisdom and embraced across continents, yoga has emerged as a trusted pathway to healthy and active living. The theme highlights yoga’s transformative potential in fostering vitality, resilience and independence, while reinforcing its role as a cornerstone of preventive healthcare and holistic wellness.

The role of yoga in healthy ageing is receiving increasing attention from the global scientific community. According to data available on PubMed Central, scholarly publications related to “Yoga for Healthy Aging” have witnessed a substantial increase during the last decade.

SPEAKER PROFILE



SWAPNA P

Transforming Lives Through Authentic Yoga, Wellness, and Value-Based Living

Mrs. Swapna Pradeep is a respected yoga educator, wellness mentor, meditation guide, and community leader whose life journey stands as a powerful example of the transformative potential of authentic yoga. Through years of dedicated practice, teaching, and service, she has inspired hundreds of individuals to embrace healthier, more balanced, and meaningful lives.

Her journey into yoga began not as a profession, but as a personal quest for better health and well-being. Like many people, she once struggled with unhealthy eating habits, recurring illnesses, dependence on junk food, and an imbalanced lifestyle. Seeking a solution, she attended a yoga camp—a decision that would ultimately transform her life.



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PHOTOS



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25-06-2026

International YOGA Day 2026

SI No	Name& USN	Student	Department	Signature
01	Sakshi A. D.	1RR25MCO40	MCA	
02	Patslela M.	1RR25MCO33	MCA	
03	Priya N	1RR25MCO27	MCA	
04	Shalini M	1RR25MCO43	MCA	
05	Akshatha. y. k	1RR25MCO01	MCA	
06	Mushra D-15	1RR25MCO24	MCA	
07	Bhavani	1RR25MCO09	MCA	
08	Bhanuprakash	1RR25MCO07	MCA	
09	Karthik S	1RR25MCO22	MCA	
10	Yaruzanth Gowda	1RR25MCO63	MCA	
11	Ravindra S	1RR25MCO55	MCA	
12	Sajani A.	1RR25MCO42	MCA	
13	Ananya S.N	1RR25MCO05	MCA	
14	Divya S.P.	1RR25MCO16	MCA	
15	Usha H.D	1RR25MCO54	MCA	
16	Thanashe R	1RR25MCO53	MCA	

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17. Ishan Alam 1RR25MCO20 MCA

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25-06-2026

International YOGA Day 2026

Sl No	Name	Designation	Department	Signature
1	Dr. Mamatha .B	HOD	AI & ML	
2	Lokeshak	Asst. prof	ECE	
3	Dr. M. S. S. S.	Assoc. Prof	CSD	
4	Dr. Deepika J	Assoc. prof	ECE	
5	Malathin	Asst. Prof	CSD	
6	V. SRIPATHI	Asst. Prof	ECE	
7	Dr. K. S. Krishnakumar	Asst. prof	Physics	
8	EBBY	Professor	EEE	
9	Dr. R. PRUL JOSE	HOD	EEE	
10	K. Lakshminarayana	Professor	MBA	
11	Muntaj Begum	Instructor	CHE	
12	Sinchana	Instructor	RA	
13	Dinesh Kumar	Asst. prof	IIE	

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25-06-2026

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Date: 25-06-2026

International Yoga Day – Attendance Sheet

Sl No	USN	Student Name	Email Address	Department	Signature
1	IRR24BA064	Yashwanth j	yashuuyashwanth2003@gmail.com	MBA	
2	IRR24BA062	Yashashwini HK	yashashwinikh12@gmail.com	MBA	
3	IRR25BA027	Sujana T M	sujanatm2004@gmail.com	MBA	
4	IRR25BA005	Chandana R	chandana74833@gmail.com	MBA	
5	IRR25BA032	Vinutha H R	145vinutha@gmail.com	MBA	
6	IRR24BA018	Devika K	devikag700@gmail.com	MBA	
7	IRR24BA038	Meghana. V. P	meghashetty1731@gmail.com	MBA	
8	IRR25MC020	Irshad Alam	jaikant664@gmail.com	MCA	
9	IRR25MC006	Balaji k m	balajikm365773@gmail.com	MCA	
10	IRR25MC016	Divya	divyapadashetty@gmail.com	MCA	
11	IRR24BA054	Suraksha BR	suraksha.ravish@gmail.com	MBA	
12	IRR25BA015	Nayanashree Y M	nayanashree390@gmail.com	MBA	
13	IRR25MC032	Rakesh k	shettyrakesh4545@gmail.com	MCA	
14	IRR25MC063	Yashwanth Gowda K R	yashwanthgowdakr143@gmail.com	MCA	
15	IRR25MC056	VARSHITHA B	varshithab072004@gmail.com	MCA	
16	IRR25BA012	Lakshmisha.A.S	aslakshmisha251@gmail.com	MBA	
17	IRR25BA024	Sindhu k s	sindhugowdasindhugowda339@gmail.com	MBA	
18	IRR25BA001	Ananya A	ananya179@gmail.com	MBA	
19	IRR25BA017	Pramodini V	pramodinivpommi@gmail.com	MBA	
20	IRR25MBA 030	Veerabhadra	veerabhadrakp8102004@gmail.com	Mba	
21	IRR25BA017	Pramodini V	pramodinivpommi@gmail.com	MBA	
22	IRR25BA007	Deeksha.s	sonudeeksha0114@gmail.com	MBA	
23	IRR24BA003	Aishwarya M	aishusanu20@gmail.com	MBA	
24	IRR25BA003	Bhumika.S	bhoomika172005@gmail.com	MBA	
25	IRR24BA006	Arpitha M K	arpithamk30@gmail.com	MBA	
26	IRR24BA027	Harshitha S	harshithasrinivas1623@gmail.com	MBA	

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27	1RR25MC008	Bhavana N	bhavanayadaav222@gmail.com	MCA	Bhavana
28	1RR25BA010	Kaushik R	kaushikgowda24660@gmail.com	MBA	Kaushik R
29	1RR25BA010	Kaushik R	kaushikgowda24660@gmail.com	MBA	Kaushik R
30	1RR24BA063	Yashaswini K G	yashaswinikg36@gmail.com	MBA	Yashaswini K G
31	1RR25BA031	Vijayambika DP	dpviji38@gmail.com	MBA	Vijayambika DP
32	1RR25MC053	Thanusha R	thanushar0804@gmail.com	Mca	Thanusha R
33	1RR24BA034	Manohara B M	manoharabm02@gmail.com	MBA	Manohara B M
34	1RR25BA028	Swathi S	swathigowdaswathi2004@gmail.com	MBA	Swathi S
35	1RR25BA014	Moulya A S	moulyaas4@gmail.com	MBA	Moulya A S
36	1RR24MBA023	Gagana R	gaganagowda81@gmail.com	MBA	Gagana R
37	1RR25BA004	Chandana. M. M	chandanam2004@gmail.com	MBA	Chandana. M. M
38	1RR24BA007	Arpitha M R	gowdaarpitha790@gmail.com	MBA	Arpitha M R
39	1RR25BA009	Karthik E S	karthikkarthigowda04@gmail.com	MBA	Karthik E S
40	1RR24BA059	Venkatesh R M	venkateshmuranal734@gmail.com	MBA	Venkatesh R M
41	1RR24BA046	Rahul M	rahulmohan1034@gmail.com	MBA	Rahul M
42	1RR24BA043	Pooja G	rahul.m2021@klenagarbhavi.edu.in	MBA	Pooja G
43	1RR24BA060	Vishwas N	vishwasn2003@gmail.com	MBA	Vishwas N
44	1RR25BA026	Srushti C S	essrushti2004@gmail.com	MBA	Srushti C S
45	1RR24BA037	Meghana P	meghanap443@gmail.com	MBA	Meghana P
46	1RR24BA035	Manukumar N	manoharabm02@gmail.com	MBA	Manukumar N
47	1RR25MCA021	Jayashree R	rjayashree102@gmail.com	MCA	Jayashree R
48	1RR24BA015	Chitrashree J S	chitrashreejabagodu@gmail.com	MBA	Chitrashree J S
49	1RR24BA057	Vasanthai Bai L	vasanthai382002@gmail.com	MBA	Vasanthai Bai L
50	1RR25MCA059	Vidyashree R	vidyarvidya34@gmail.com	MCA	Vidyashree R
51	1RR24BA004	Amulya B	amulyau2004@gmail.com	MBA	Amulya B
52	1RR24BA053	Suraj m	surajmanjunath936@gmail.com	MBA	Suraj m
53	1RR25MC022	Karthik S	karthikkarthi59125@gmail.com	MCA	Karthik S
54	1RR24BA043	Pooja G	pooja72003@gmail.com	MBA	Pooja G

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55	IRR25BA006	Chandrashekar K M	kmchandrashekar583@gmail.com	MBA	Chandrashekar K M
56	IRR25BA033	Yamuna M	yamunam7101@gmail.com	MBA	Yamuna M
57	IRR25mc003	Amoghasiddha choudri	choudriamogha95@gmail.com	Mca	
58	IRR25BA029	Vandana V S	vandanareddyvandanareddy72@gmail.com	MBA	
59	IRR24BA045	Prakasha	prakashchinnu234@gmail.com	MBA	Prakasha
60	IRR25BA002	Ashwini BS	ashwinibssashwinibss81@gmail.com	MBA	
61	IRR25BA016	Prajwal M Naika	prajwalnaik863@gmail.com	MBA	Prajwal M

62	IRR25BA020	Sanjana V	sanjana.v.sanjana@gmail.com	MBA	Sanjana V
63	IRR25BA023	Sinchara KS	sincharalingesh@gmail.com	MBA	Sinchara KS
64	IRR25BA011	K.Pran.R	bokkpranr@gmail.com	MBA	K.Pran.R
65	IRR25BA008	Guyathri S	guyathrimogha02@gmail.com	MBA	Guyathri S
66	IRR25BA015	Nayanaashree M	nayanaashree390@gmail.com	MBA	Nayanaashree M
67	IRR25BA013	Leda Ranin	Leela/leela2688@gmail.com	MBA	Leda Ranin
68	IRR25MC026	Palbvi A.V	mmrupalbvi2003@gmail.com	MCA	Palbvi A.V
69	IRR25BA025	Sanjanya B	sanjanyabshargaul6@gmail.com	MBA	Sanjanya B
70	IRR24BA051	Spoorthy N	Spoorthi.n.71@gmail.com	MBA	Spoorthy N
71	IRR24BA033	Shanika Kanthi	shanika.gowda@gmail.com	MBA	Shanika Kanthi
72	IRR25BA018	Proccen K S	prg2901@gmail.com	MBA	Proccen K S
73	IRR25MC061	Vijay Kumar Gm	vijaygm.vijaykumar@gmail.com	MCA	Vijay Kumar Gm
74	IRR24BA041	Nithin Kumar C	nithinkumar10@gmail.com	MBA	Nithin Kumar C
75	IRR24BA052	Srikanth S	srikanthshree@gmail.com	MBA	Srikanth S
76	IRR24BA019	Dhanish Jadhav	dhanishjadhav5	MBA	Dhanish Jadhav

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